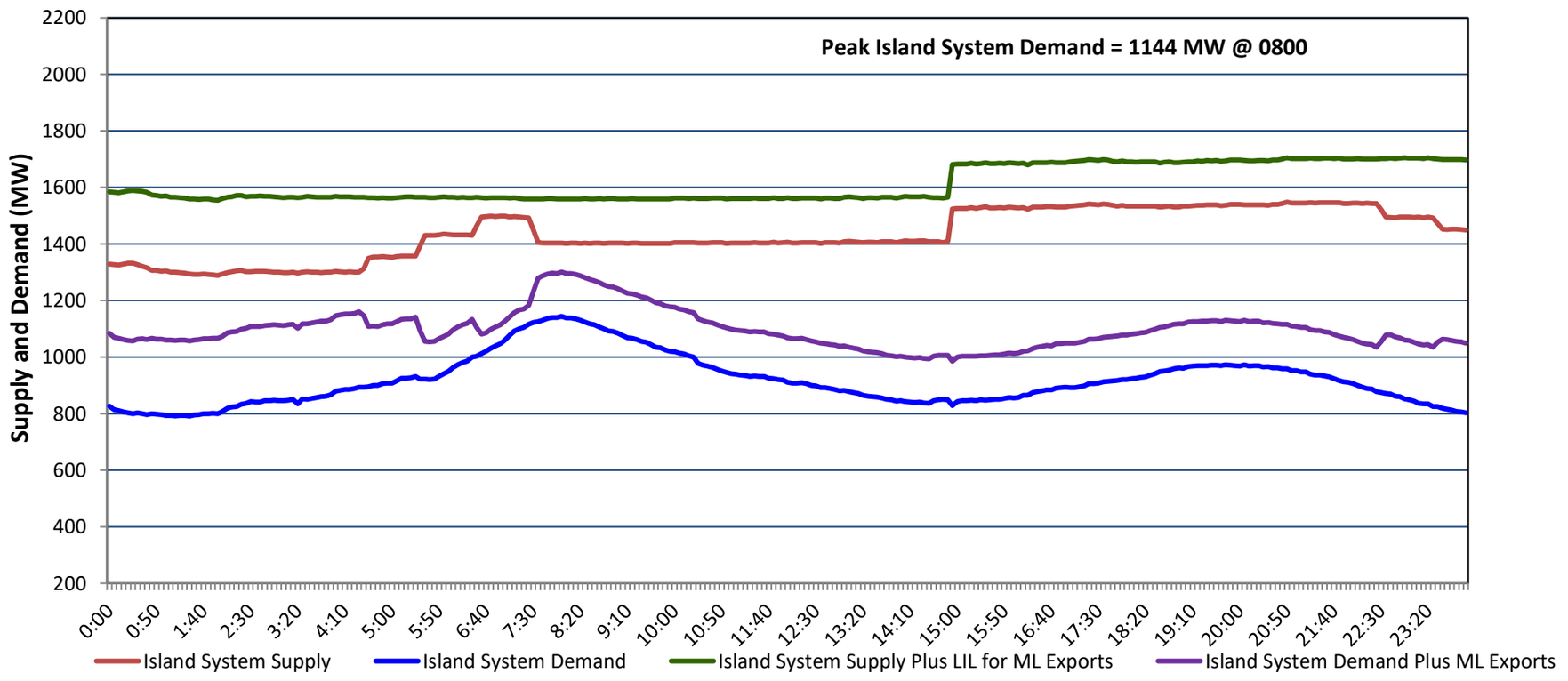
Newfoundland Labrador Hydro (NLH)
Supply and Demand Status Report Filed Tuesday, October 20, 2026

Section 1
Island Interconnected System - Supply, Demand & Exports
Actual 24 Hour System Performance For Monday, October 19, 2026



Island Supply Notes For October 19, 2026 [1]

A	As of 0800 hours, May 06, 2026, Holyrood Unit 2 unavailable due to planned outage 40 MW (170 MW).
B	As of 0841 hours, May 24, 2026, Hinds Lake Unit unavailable due to planned outage (75 MW).
C	As of 0943 hours, September 26, 2026, Holyrood Unit 3 available but not operating (150 MW).
D	As of 0929 hours, October 13, 2026, Upper Salmon Unit unavailable due to planned outage (84 MW).
E	As of 0930 hours, October 18, 2026, Holyrood Combustion Turbine unavailable due to planned outage (123.5 MW).
F	At 1354 hours, October 19, 2026, St. Anthony Diesel Plant available at 6.85 MW due to forced derating (9.7 MW).
G	At 1451 hours, October 19, 2026, Holyrood Unit 1 available at 120 MW due to planned derating (170 MW).

Section 2
Island Interconnected System - Supply, Demand & Outlook

Tue, Oct 20, 2026	Island System Outlook[2]		Seven-Day Forecast	Island System Daily Peak Demand (MW) Forecast[8]	Adjusted[6]
Island System Supply:[4]	**1,523**	**MW**	Tuesday, October 20, 2026	**990**	**940**
NLH Island Generation:[3,7,10]	1,035	MW	Wednesday, October 21, 2026	1,005	955
NLH Island Power Purchases:[5]	100	MW	Thursday, October 22, 2026	1,035	985
NP and CBPP Owned Generation:	185	MW	Friday, October 23, 2026	1,035	985
LIL Net Imports to Island:[9]	203	MW	Saturday, October 24, 2026	1,020	970
			Sunday, October 25, 2026	995	945
7-Day Island Peak Demand Forecast:	**1,035**	MW	Monday, October 26, 2026	1,010	960

Island Supply Notes For October 20, 2026

Notes:
1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. Hydro schedules outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
2. As of 0800 Hours.
3. Gross continuous unit output.
4. Gross output from all Island sources (including Note 3).
5. NLH Island Power Purchases include: ML Imports, Exploits Generation, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).
6. Adjusted for interruptible load and the impact of voltage reduction when applicable.
7. Due to limitations inherent in the design of combustion turbines, the output of combustion turbines may be reduced in the event that ambient temperatures exceed the threshold required for full rated output. This threshold is dependent on the design of each turbine.
8. Does not include ML Exports.
9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.
10. Run-of-river hydro resources are subject to hydrological variability. Reported firm capacity reflects the capacity expected to be available during peak demand periods.

Section 3
Island Peak Demand and Exports Information
Previous Day Actual Peak and Current Day Forecast Peak

Mon, Oct 19, 2026	Island Peak Demand[11]	8:00	1,144	MW
	Exports at Peak		157	MW
	LIL Net Imports to Island		4,525	MWh
Tue, Oct 20, 2026	Forecast Island Peak Demand		990	MW

Notes: 11. Island Demand is supplied by NLH generation and purchases, LIL Imports plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).